Left jaw joint pain

This article covers jaw joint syndrome. For the range of references that influence joint pain, see the jaw joint pain syndromes article. #References


The prevalence of jaw joint pain is high, with estimates ranging from 10% to 20% of the general population. The exact cause of jaw joint pain is unknown, but it is thought to be related to factors such as muscle tension, joint structure, and dental occlusion. The pain may be described as aching, burning, or dull and is often worse when chewing or yawning. The pain may also be accompanied by joint clicking or popping sounds. Treatment options for jaw joint pain include drug therapy, physical therapy, orthodontic treatment, and surgery. The effectiveness of treatment depends on the underlying cause of the pain.